Trichology
Dr. Sergio Vañó.
Hospital Ramon y Cajal, Madrid
• SESSION: F008 ACNE, HAIR LOSS AND HIRSUTISM EVALUATION AND MANAGEMENT
  • Polycystic ovary syndrome: most frequent cause of hyperandrogenism (>90%); 2ª: hyperprolactinemia, 3ª: congenital adrenal hiperplasia.
  • Supplement iron if ferritin is < 40.
  • UK 50999: Topical drug that stimulates HFSC by increasing LDH.

• POSTERS
  • Dra. Nayra Merino: “Study of the effectriveness of mesotherapy of dutasterida 0,05% and minoxidil 2% in AGA”.
  • 15 patients (9 females and 6 males)
  • 80% slight improvement
  • No serious adverse effects
• **SESSION: AMERICAN HAIR RESEARCH SOCIETY MEETING**
  
  • **Dr. Jerry Shapiro:** “Setting up a center for hair excellence”. Include hair transplantation and a laboratory for basic research.
  
  • **Dr. Neil Sadick**
    • Importance of micro-inflammation in androgenetic alopecia
    • **MICRONEEDLING:** emergent therapy. Very good results.
      • Mechanism: injury → growth factor release → hair bulge activation → Wnt pathway → dermal papilla activation and hair growth.
      • Monthly sessions.
    • Energy based devices: LLLT. Interesting associated therapy in men and women with androgenetic alopecia.
    • Novel fractional radiofrequency device